



# 2023 Waka Ama Long Distance Nationals

WHITIANGA –Thursday 20<sup>th</sup> – Saturday 22<sup>nd</sup> April 2023

Pānui 3 - April 2023



The manu incorporates aspects of Ngāti Hei Iwi. The Manu Karere for Ngāti Hei is a messenger of good news symbolising the promise of a successful event for all the whānau involved. From kaimahi to kaihoe and kaitautoko we are all coming together to share and encourage the positivity that the kaupapa of waka ama brings

The koru of flight is the whānaunga of the 4 hosting clubs coming together

The broad chest of the manu represents the large region of Te Puku o Te Ika

The head signifies the waves and Motukorure island you see when you look out from Whitianga.

The tail is the hoe or sail that is the tool to navigate our purpose and passion for Waka Ama

Ngā mihi nui ki a koutou mō tēnei tohu - Jason Porter & Lynton Rowling






## UPDATED SITE VENUE AND FACILITIES

Please note the site map has been updated.

## UPDATED\* LONG DISTANCE NATIONALS 2023 - SITE MAP



-  Waka Beach Access
-  First Aid
-  Wharepaku (Toilet)

The venue is based at Buffalo Beach Reserve. The reserve as per the site map will be the event HQ and where the following is located

- First aid
- Registration and Administration
- Merchandise
- Safety checks and rigging for all waka
- Kaumatua and accessible parking
- Vendors

### Parking

Parking will be on the roads and streets surrounding the venue. There will also be additional parking down Jackman Ave.

### Facilities

There will be portaloos on site as per the site plan - there will be an accessible toilet on site. There are waste bins and recycling onsite. Please respect the whenua and ensure we leave the area tidy.

### Pōwhiri

The pōwhiri will take place onsite at the Buffalo Beach Reserve – at 3 pm Thursday 20<sup>th</sup> April

## Trailer Parking

[The trailer parking will be at Moewai Sports Park](#)

## Prizegiving and Saturday Paddler Kai.

Prizegiving and Saturday paddler kai will take place at - Mercury Bay Area School, 20 South Highway, Whitianga 3510 - <https://goo.gl/maps/RyLRYf8onsZrcLh29> - see appendices for map

Race briefing for Races 4 & 5 will also take place at the school approx. 6 pm Friday 21<sup>st</sup> April

## W1 and W6 Drop off

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W1 and W6 drop-off and rigging area will be as per the site map - please note there will be car/trailer access on Thursday but no car/trailer access until after racing on Friday and Saturday.

## PARKING

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All spectator and competitor parking is down Jackman Avenue (the road opposite the event site) or on the streets and roads surrounding the event.

Clubs and paddlers can drop W6 and W1 Waka off on Thursday only as per the site map. After racing on Friday and Saturday there will be access for Waka drop-off and collection.

Accessible parking is located on the event reserve. Please ensure your disability pass is visible to traffic management staff.

Trailers will have access to the reserve on Thursday and after racing on Friday only to drop off canoes. Please see below for trailer parking.

## TRAILER PARKING

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As per the site map, the trailer parking will be based at [Moewai Sports Park](#)

Please note that on Thursday the 20<sup>th</sup> of April the trailer parking will be open at the below times.

- 8:00 - 2:45 pm (3 pm Pōhiri)
- 5:00 pm - 8 pm

Friday and Saturday 6 am - 6 pm

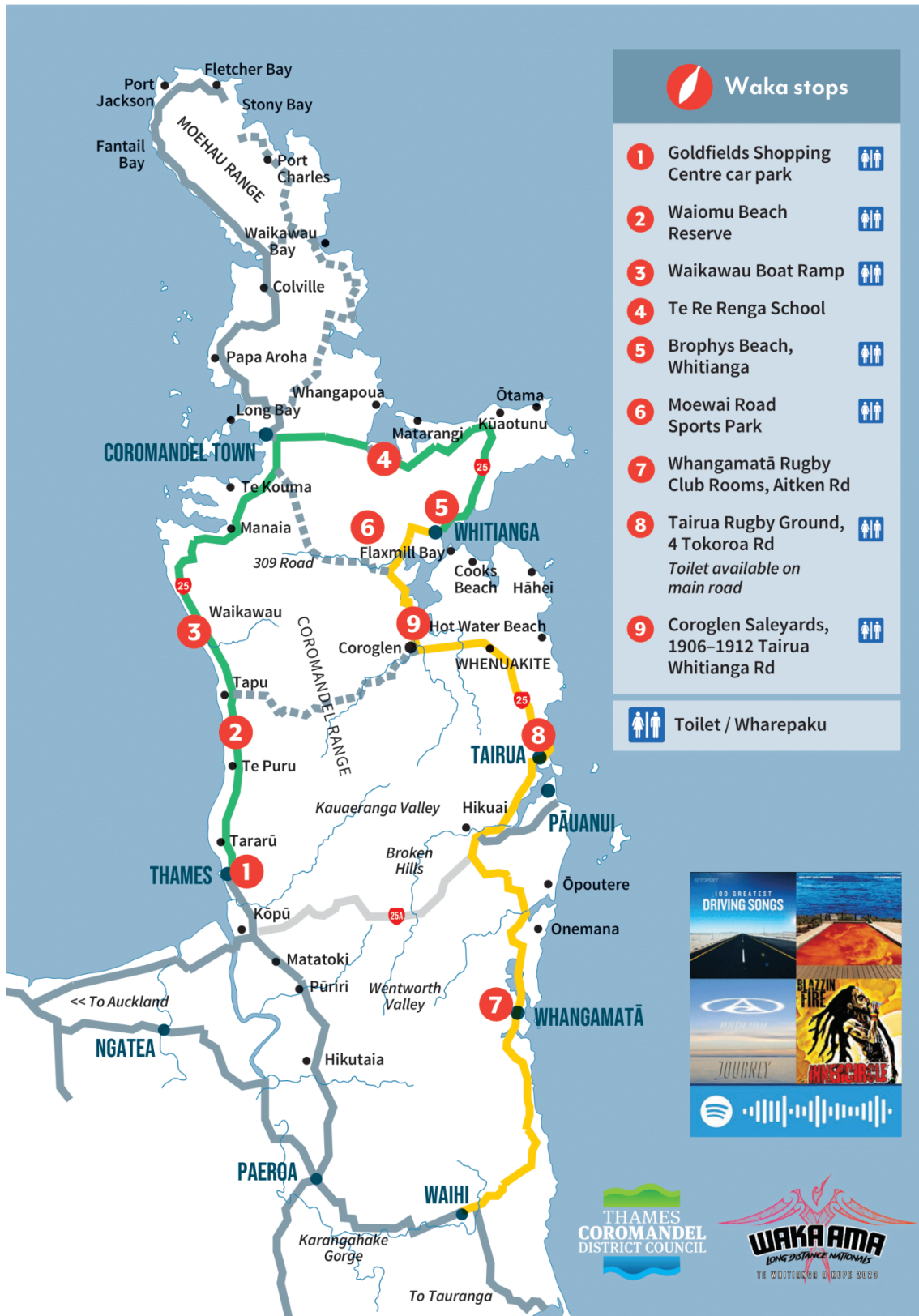
## LDN WHITIANGA ROAD MAP

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On the following page check out our awesome **LDN WHITIANGA ROAD MAP 2023** map to help our whānau travelling to Whitianga - especially those towing waka trailers.

On the map, you will see there are two routes for our waka trailers. Both the green (Thames- Coromandel) and yellow (Waihi- Whangamatā - Tairua) routes are open to our waka ama whānau. We've had fantastic support from Waka Kōtahi and Higgins who manage these roads and they are happy for our trailers to use both.

The map also points out wharepaku stops and also areas for our waka trailers to pull in and have a break or stretch the legs. **Please note these stops will be dedicated waka trailer Pitt stop areas.** You will also see our Waka Ama LDNs Road Trip playlist - either scan the Spotify link on the map or [click here to listen](#)!! Kia pai te haere e te whānau.



## VENDORS

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Please bring cash for the vendors who will be selling a range of kai, clothing, merchandise, coffee and paddling equipment.

## TIDES

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Tides for during the event (Friday/Saturday)

	High Tide	Low Tide
Friday 21 <sup>st</sup> April	7:48 am 2.2m	1:54 pm 0.4m
Saturday 22 <sup>nd</sup> April	8:36 am 2.1m	2:40 pm 0.4m

## PADDLER KAI

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### FRIDAY & SATURDAY

- A small kai will be available to all paddlers after their races onsite at the event reserve on Friday & Saturday
- Paddlers will receive a ticket for the Friday kai
- Paddlers will use their team wrist band for Saturday small kai

### SATURDAY MAIN PADDLER KAI

- Main Paddler Kai will be served from Mercury Bay Area School Hall from 5:00 pm
- For this kai - all paddlers will be given a wristband when their W6 teams complete registration.
- The wristband entitles each paddler to receive one meal Saturday 22nd April.
- Kai will be available after racing on Saturday at the Mercury Bay Area School Hall from 5:00 pm
- Those paddlers not in the W6 team on Saturday will need to come to registration for a wristband.

There are no extra paddler meals available for sale – supporters and spectators are welcome to purchase kai from food vendors on-site or from local cafes/restaurants.

## FULL EVENT SCHEDULE

### THURSDAY 20<sup>TH</sup> APRIL

10:00 am – 2:45 pm	Trailer Parking and Waka drop off will be open
12:00 pm to 2:45 pm	Registration and safety checks for <b>Races 1 &amp; 2</b> open Administration for general queries
3:00 pm	Pōwhiri onsite at the venue (registration desk and safety checks closed)
4:30 pm till 8:00 pm	Trailer parking and Waka drop off re-open Registration and safety checks for <b>Races 1 &amp; 2</b> open until 6:30pm

### FRIDAY 21<sup>ST</sup> APRIL

6:15 am	Registration and Safety Checks Open for <b>Races 1 &amp; 2</b>
7:15 am	Onsite Race Briefing - <b>Race 1</b> - Mens Rudderless, Womens Rudderless, W2 & W3
8:30 am	<b>Race 1</b> Race Start
10:15 am	Onsite Race briefing - <b>Race 2</b> - Women Rudderless, Men Rudderless, W2 & W3 Men
11:30 am	<b>Race 2</b> Race Start
12:30 pm	Onsite Race Briefing – <b>Race 3</b> - W6 Junior, Adaptive and Open Short-course
1:30 pm	<b>Race 3</b> Race Start
From 1:30 pm	Registration and safety checks for <b>Race 4 &amp; 5</b>
After the last race	Access to the venue to drop off waka
Approx 4:30 pm	<b>Day 1 Prizegiving – Mercury Bay Area School</b>
Approx 6:00 pm	Race Briefing for <b>Race 4 &amp; 5</b> – Mercury Bay Area School

### SATURDAY 22<sup>ND</sup> APRIL

6:15 am	Final Registration and Safety Checks Open - <b>Race 4 &amp; 5</b>
7:00 am	Onsite pre-race update (steerers only) - <b>Race 4</b> - Senior Women W6, J16 and Adaptive W1
8:00 am	<b>Race 4</b> Race Start
10:00 am	Onsite pre-race update (steerers only) - <b>Race 5</b> - Senior Mixed W6, J16 and Adaptive W1
11:00 am	<b>Race 5</b> Race Start
12:15 pm	Onsite Race Briefing – <b>Race 6</b> – Men W6
2:00 pm	<b>Race 6</b> Race Start

<b>5:00 pm</b>	Paddler Kai for competitors to be served at Mercury Bay Area School
<b>Approx 5:30 pm</b>	<b>Day 2 Prizegiving – Mercury Bay Area School</b>

## BACKUP RACE DAY

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If the weather or sea conditions make it unsafe to paddle any one of the allocated races then 23 April is the backup race day. Paddlers are advised to make plans to be available that day.

## RACE RULES

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Race Rules can be found online here: <https://wakaama.co.nz/pages/view/1005147>

- **PFD's** – All J16 and Novice paddlers/Teams must wear PFD's to race. All others must have them readily available in the waka. Should the conditions require it – The Race Director may advise it compulsory for all paddlers to wear their PFD.
- **Spray Skirts:** All W6 must-have spray skirts and these will be required to be fitted for the safety check.
- For W2/W3 that cannot be fitted with sprayskirts - paddlers will be required to wear their PFDs and have onboard 1 bailer per person (W2 = 2, W3 = 3)
- **Only 1 Entry in a division** – As per the race rules: There must be a minimum of two (2) paid entries for a programmed race to be run. If there is only one entry for a race, the organising committee may combine this entry with another race but shall inform the affected paddler or team, and in any case, identify their results in relation to the programmed race.
- We will be making contact with those clubs that only have 1 entry in a division to advise the new division for that paddler/team.
- Please note: there are no medals awarded for divisions with only 1 entry.
- **Race Briefings** - One (1) member of each crew will be required to attend the race briefing and sign the briefing check-in form
- **Racing Uniforms** - Paddlers are required to wear uniform tops for their racing. All paddlers in any one team shall wear the same uniform (Tops) in all but the mixed events - any differences in uniform may only be between the male and female paddlers.

## EVENT TIKANGA

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All venues used by our event are drug, alcohol, vape and smoke-free. Please respect our whānau and whenua. You will be asked to leave the venue if the rules are not followed.

This includes the Mercury Bay Area School Hall and all carparks surrounding the venues.

## MERCHANDISE

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2023 LDN Merch is available online now -

<https://pureathletic.co.nz/collections/waka-ama-2023-long-distance-nationals>

Order now to pick up at the event.

Event merchandise will go on sale on site from Thursday (20th) Evening. Eftpos will be available.

## WAKA TROLLEYS

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If you are bringing W6, please try and put a Trolley or two on your trailer. It will save a lot of carrying of waka.

## PENALTIES

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For any late additions/changes/withdrawals after the **12<sup>th</sup> of April**, a \$20 per paddler late fee will apply e.g. division changes, paddler swap, and additions.

**Any club that withdraws teams after being invoiced will still be charged the full entry fee.**

All team entries are to be entered via the Waka Ama New Zealand website through your Club Coordinator.

## REFUND POLICY

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- No refunds will be given for any withdrawals after the 12th April when the roster is closed
- No refund will be given if the event is cancelled due to a natural disaster or extreme weather should the event be cancelled after the 18<sup>th</sup> of April.

## COMPETITORS ABILITY

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We are providing opportunities for experienced and capable crews and individuals in age categories from J16 and above. The term “experienced” means that teams and individuals have experience in sea conditions. All Clubs are responsible for ensuring that all paddlers are competent in the divisions that they have been entered into. The Race Director has the discretion to withdraw a team or an individual who is deemed to be unfit or unprepared to complete the race.

The short course race will provide an opportunity to those paddlers who are experienced but are unable to complete the senior distance – the short course events will not be eligible for medals.

J16 and Short Course events will be held within the Bay.





## NGĀ MIHI

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We would like to extend a massive mihi to the below organisations for supporting this event

- Whitianga Waterways
- Whitianga Countdown
- Coastguard Whitianga
- Richardsons Whitianga
- Ngāti Hei
- Thames Coromandel District Council
- Whitianga Community Services Trust
- Waka Kōtahi and Higgins
- Mercury Bay Area School

## QUESTIONS AND ENQUIRIES

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For any further information please go to [www.wakaama.co.nz](http://www.wakaama.co.nz) or contact us at [ldn@wakaama.co.nz](mailto:ldn@wakaama.co.nz)

On behalf of Waka Ama NZ and our hosts; TPOTI and the Hauraki collective of clubs we look forward to hosting you all in Whitianga for LDN 2023.

Or for more information check out the event's Facebook page here:  
<https://www.facebook.com/wakaamaLDN/>



## APPENDICES

- APPENDIX A: Venue Directions and LDN Whitianga Road Map
- APPENDIX B: Site Map & Car Parking
- APPENDIX C: Trailer Parking
- APPENDIX D: Prizegiving and Saturday Paddler Kai Venue - Mercury Bay Area School
- APPENDIX E: Course maps

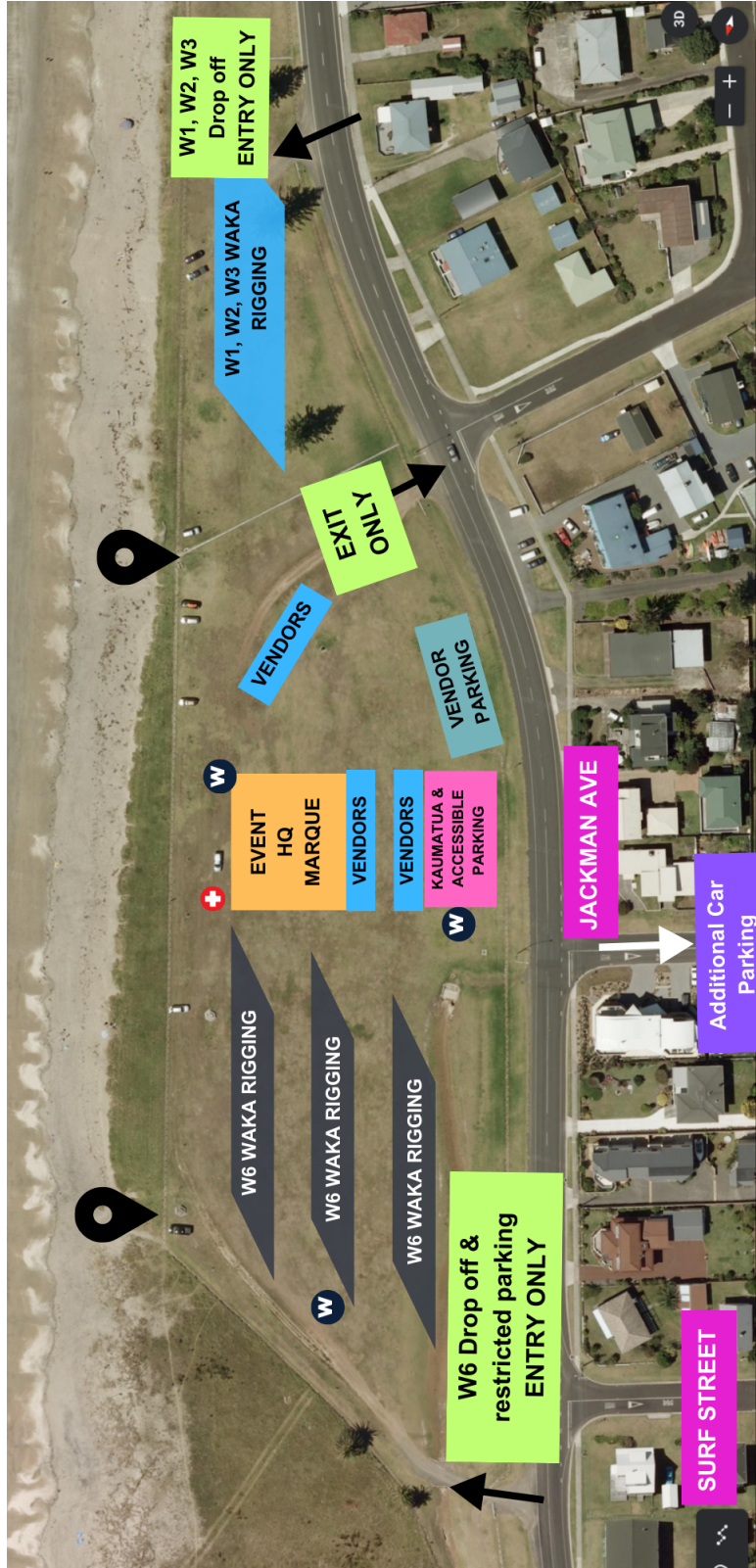
## APPENDIX A: Venue Directions and LDN Whitianga Road Map

Buffalo Beach Reserve, Whitianga 3510 - <https://goo.gl/maps/5vYkpwR1Rp9nGXrp6>



**APPENDIX B: Site Map & Car Parking**

**UPDATED\* LONG DISTANCE NATIONALS 2023 - SITE MAP**

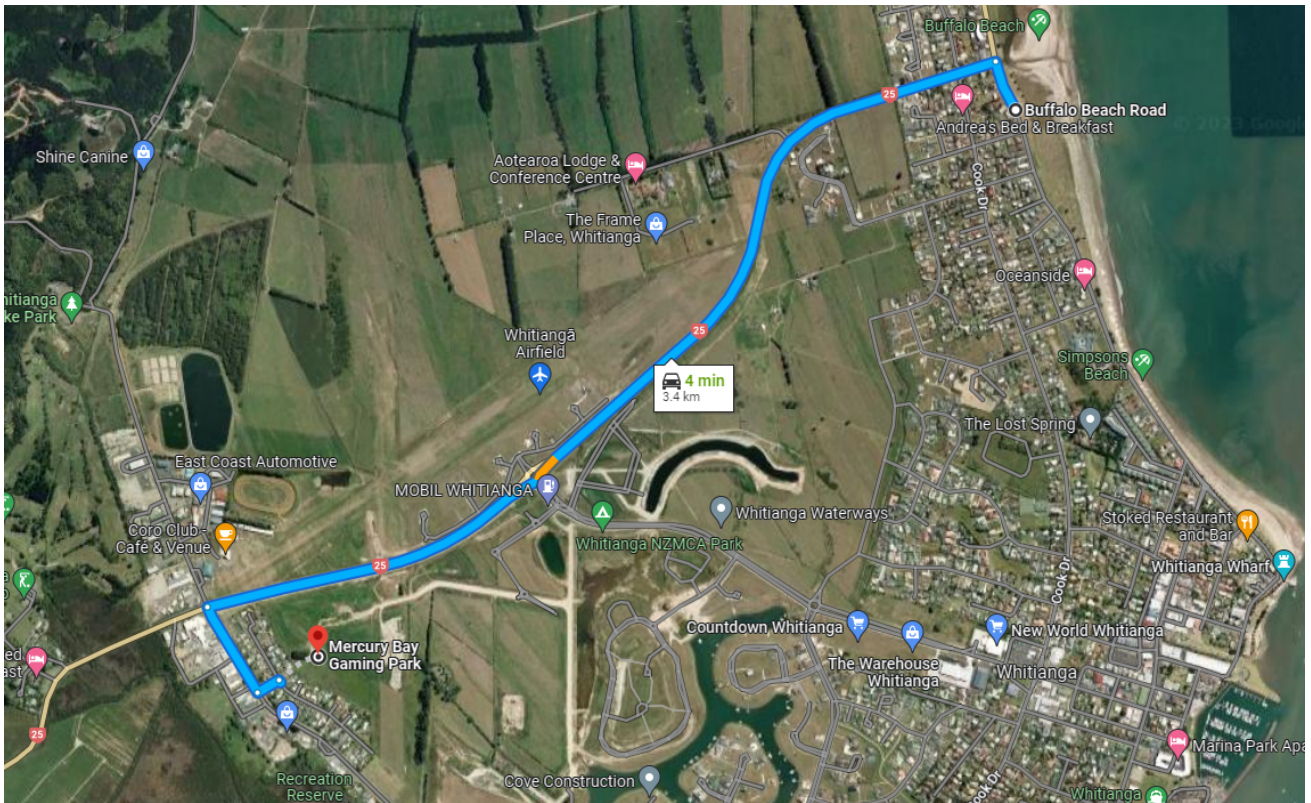


- Waka Beach Access
- First Aid
- Wharepaku (Toilet)

## APPENDIX C: Trailer Parking

This will be offsite at the following location: [Moewai Sports Park](#) - Approximately 4minute drive from the venue

Address: Mercury Bay Gaming Park, Moewai Park Road, Whitianga 3510



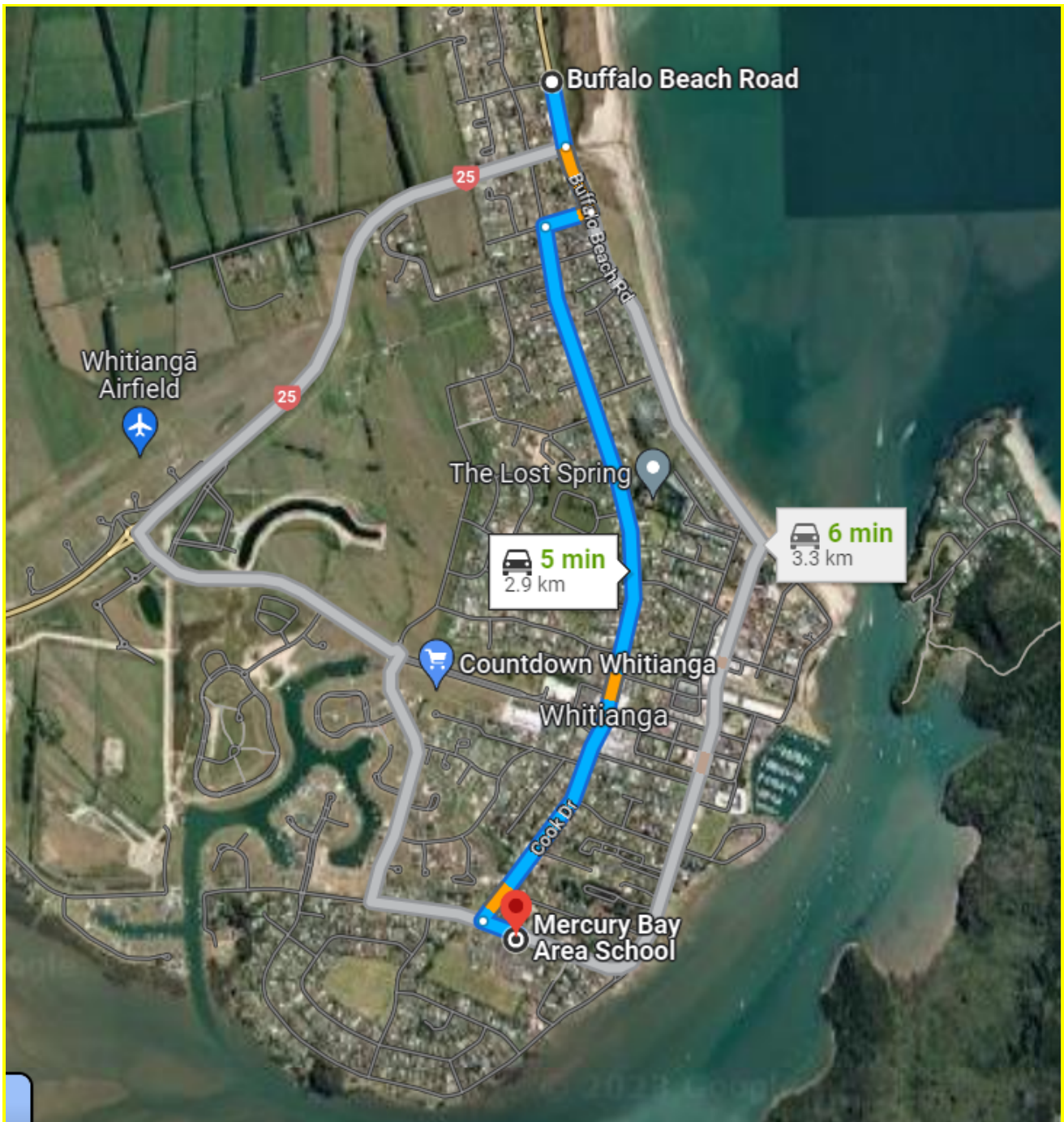
## **APPENDIX D: Prizegiving and paddler kai venue - Mercury Bay Area School**

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This will be offsite at the following location: Mercury Bay Area School

Please park on the road, entrance is via South Highway - there will be signage on the road to direct you.  
Venue: Mercury Bay Area School, 20 South Highway, Whitianga 3510





## APPENDIX E: Course Maps

[Click here to download course maps](#)

### Main LDN Course 1

8km Taputapuātea, Buffalo reserve.



### Alternative LDN Course 2

Wharekaho. In case of strong S, N, SW or NW winds



### Alternative LDNs Course 3

8km Motukorure, Centre Island. In case of strong E or W winds

